Menu: Saint Louis 9-12 breakfast School: Central VPA Dates: March 02, 2015 - March 31, 2015

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
1450276	Apple Jacks Cereal 1 Grain	No	No	No	No	No	Yes	No	Yes
1450145	Apple Juice 4oz	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450359	Applesauce, Unsweet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450502	Banana Loaf	Yes	No	Yes	No	No	Yes	No	Yes
2016672	Blueberry Nutrigrain Bar	Yes	No	Yes	No	No	Yes	No	Yes
1451110	Breakfast Sausage Pizza, Tony's	No	No	Yes	No	No	Yes	No	Yes
1451278	Cinnamon French Toast	Yes	No	Yes	No	No	Yes	No	Yes
2138143	Cinnamon Toast Crunch R/S	No	No	No	No	No	Yes	No	Yes
1450284	Cocoa Puffs Cereal	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450356	Diced Pears	No	No	No	No	No	No	No	No
1450124	Egg & Cheese Biscuit Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1451567	Egg & Cheese Croissant Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1451072	Egg & Cheese English Muffin WG Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1451284	Egg & Potato Breakfast Burrito 9"	Yes	No	No	No	No	No	No	Yes
1451073	Egg & Sausage English Muffin Sandwich	Yes	No	No	No	No	Yes	No	Yes
1451075	Egg, Ham & Cheese English Muffin Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1450127	Egg, Sausage & Cheese Biscuit Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1451079	Egg, Sausage & Cheese English Muffin Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1450408	Fat Free White Milk	No	No	Yes	No	No	No	No	No
1450140	Fresh Banana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450367	Grape Juice 4oz	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451569	Ham & Cheese Croissant Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1450286	Honey Graham Cracker 3 pk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450489	Jelly Packet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450300	Mandarin Oranges	No	No	No	No	No	No	No	No
1450549	Mini Blueberry Pancakes	Yes	No	Yes	No	No	Yes	No	Yes
1451564	Oatmeal	No	No	Yes	No	No	Yes	No	Yes
1450369	Orange Juice 4oz	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

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1451225	Pineapple Tidbits	No							
1451572	Raisin Bran 1G	No	Yes						
1451531	Reduced Sugar Froot Loops	No	No	No	No	No	Yes	No	Yes
1451525	RS Frosted Flakes	No	No	No	No	No	Yes	No	Yes
1450544	Salsa, Canned (C)	No							
1450106	Sausage & Cheese Bagel Sandwich	No	No	Yes	No	No	No	No	Yes
1450186	Sausage & Cheese Biscuit Sandwich HM	N/A							
1451280	Sausage & Cheese English Muffin	No	No	Yes	No	No	Yes	No	Yes
1450184	Sausage Biscuit Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1451568	Sausage Croissant Sandwich	Yes	No	Yes	No	No	Yes	No	Yes
1451216	Sliced Peaches	No							
1450171	Strawberry Banana Yogurt 4oz Cup	No	No	Yes	No	No	No	No	No
1450948	String Cheese	No	No	Yes	No	No	No	No	No
1450882	Syrup Cup	No							
1450290	WG Rice Krispies Cereal	N/A							
1450182	WG Toast w/ Margarine	No	No	Yes	No	No	Yes	No	Yes
1450400	White 1% Low Fat Milk	No	No	Yes	No	No	No	No	No

^{* =} Indicates missing Nutrient Information.

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